

# Pure Indulgence Package

Pamper yourself at the Tropica Spa over three (or more) blissful days and receive over \$200 of complimentary treatments!

The Tropica Spa 'Pure Indulgence' package will leave your body, mind and spirit feeling pampered, nurtured, relaxed and rejuvenated!

#### F\$899 per person

Package includes 'Eight' Luxury Spa Treatments

Day One

### Lakalaka Relaxation Massage

Indulge in a soft tissue massage and enjoy Tropica's

signature choice of blended oils, combined with purpose designed movements, stimulating circulation and promoting deep relaxation, whilst restoring energy flow. Swedish Massage in nature. This type of massage involves actions like percussion, kneading, vibration, tapping and rolling.

### **Island Exfoliating Facial**

The island Exfoliating Organic Facial is designed to remove unwanted dead skin cells to reveal a more youthful, healthy looking glow. This treatment will rejuvenate, repair and condition your skin for a more even, toned and glowing complexion. You can choose from our range of selection of natural organic exfoliation products.

Day Two

#### Manoa Body Scrub, Head, Neck & Scalp Massage

Enjoy a complete body scrub with a blend of Fijian honey and fresh coconut milk extracts, this ritual will hydrate, nourish, firm, and strengthen the skin. Plus enjoy a heavenly wrap, designed to firm, and tighten skin followed by a targeted hand, neck, and scalp massage to help relieve tension and reduce stress.

### **Energizing Foot Reflexology Treatment**

Show your feet some TLC with a 15 minute foot soak and coconut scrub followed by a 30-minute foot massage to relax specific muscles, relieve tension and improve circulation.

60 minutes

90 minutes

60 minutes

45 minutes

#### Day Three



#### **Traditional Fijian Bobo Massage**

60 minutes

Discover the time-tested benefits of a traditional Fijian Bobo massage – passed down from generation to generation using long firm strokes to stimulate circulation and release tension.

### **Pure Fiji Coconut Milk & Honey Treatment**

90 minutes

Indulge in a delightful blend of Fijian honey and fresh coconut milk. This ritual will hydrate, nourish, firm and strengthen the skin. Enjoy an exfoliation followed by a wrap, designed to firm and tighten skin. A Fijian scalp massage concludes this ritual, leaving your body soothed and replenished.

### Add the following treatments into your daily programme:

#### **Deluxe Hand Treatment**

45 minutes

A nourishing, relaxing treatment that removes dead cells to prepare skin for a rich application of Vitamin E oil, giving special attention to cuticles followed by a cold Dilo mask to soothe and condition, finished with your favourite nail polish application.

#### **Deluxe Foot Treatment**

60 minutes

A nourishing, relaxing treatment that removes dead cells. Rejuvenate neglected feet and lower legs with body brushing to awaken skin, before a warm aromatic water immersion infused with moisturising honey and milk. A cold Dilo mask to soothe and condition, finished with your favourite nail polish application.

#### 15 Minute Foot Soak

On Arrival

## **Bookings are required**

#### **Terms and Conditions**

Must be pre-paid as a total package. Treatments must be booked in advance or on arrival at the resort. No refunds on cancellations, time changes permitted if alternative appointment times are available. Changing the order of the treatments is permitted, however, not recommended as the package has been designed to have the optimum balance of treatments for the body over a 3-day period.

Package valid until 31.03.2025