



TROPICA

ISLAND RESORT FIJI



buffet

Selection of teas & freshly brewed coffee

Selection of fresh vegetable & fruit juices

Locally grown fresh fruit platter w yogurt

Choice of white, brown, gluten free & multigrain breads

Selection of cold meats, smoked salmon, ham, cheese, mustards

Assorted freshly baked pastries

Toasted muesli bowl w honey, yogurt, fresh fruits

à la carte

Charred Kumala Toast w grilled tomatoes, marinated feta cheese, pickled vegetables & avocado puree

Eggs Benedict w soft poached eggs, freshly toasted English muffins, streaky bacon & hollandaise sauce

Yadra Breakfast w eggs any style, lamb sausage, hash brown, bacon & tomato chutney

Ami Roti Wrap w local style scrambled eggs, spices, coriander & homemade tomato chutney

Omelette w pickled vegetables & your choice of fillings;

Onion, chili, mushroom, spinach, ham, cheese

Pancakes w mixed berry compote, maple syrup & toasted coconut flakes

Coconut Porridge w honey, caramelized pineapple & coconut