



# TROPICA

ISLAND RESORT FIJI



## The Continental Buffet

Please help yourself to assorted Breads, Condiments, Cereals, Breakfast Juices, Tea & Filtered Coffee, Cold Meats, Cheese, Preserved Fruits, Natural Yogurt, Fiji Honey & Bircher Muesli.

## Hot a la Carte Selection

Your choice of hot breakfast from the kitchen.

### Tropica's Big Breakfast

Bacon, Cassava Hash, Grilled Tomato, Baked Beans, Eggs, Mushroom, Breakfast Sausage.

### Pancake Stack

Banana & Coconut Compote, Fiji Honey, Cream.

### Island Porridge

Cooked in Coconut Cream and Honey with Fresh Fruit and Vanilla Bean Syrup.

### Ratu's Omelet

Onion, Mushroom, Tomato, Ham, Cheese, Green Onion, Chilli.

### Cinnamon French Toast

Pineapple Compote, Vanilla Ice-cream, Caramelised Oats, Maple Syrup.

### Aloo Masala Dosa

Chickpea Pancakes, Spicy Potato Curry, Coconut Chutney, Mint Chutney.

### Turkish Poached Eggs and Toast

Warm Garlic Yogurt, Buerre Noisette, Toasted Walnut, Garden Sprouts, Dill and Chilli Flakes.